

As the designated WATER WATCHER, I promise I will...

SAFER WATER:



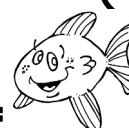
- Provide barriers, such as four-sided isolation fencing, to restrict access to pool or spa in the home
- Know the risks in the open water setting such as rip currents, high surf at the beach, strong currents in rivers, etc.
- Always look for lifeguards and only allow swimming in supervised area

SAFER PEOPLE:



- Avoid all distractions while watching the water: no phones—except for emergency use—texting, side conversations, reading, etc.
- Only be relieved of supervising duty by another adult water watcher
- Never leave children unattended in the water
- Continuously scan with my eyes the water's surface and the bottom of the pool.

SAFER RESPONSE:



- Call 911 and follow instructions to administer CPR and First Aid if needed
- Know how to use available rescue equipment

www.stopdrowningnow.org

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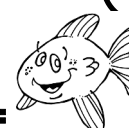
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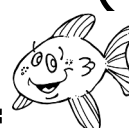
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