



# Water Safety Checklist

## At the Pool and Around the Home

This worksheet is designed to help families continue the conversation of water safety at home. Do you know that drowning is the leading cause of injury-related death among children between 1 and 4 years old? And it's the third leading cause of death among all children.

The **Stop Drowning Now** is a national 501 (c)(3) nonprofit organization with a mission to save lives through water safety education. By raising awareness of drowning risks, more families will not have to suffer the tragedy of a fatal or non-fatal drowning incident. Please visit our website for additional materials to help your family stay safer when in, on, or around water! *Drowning IS Preventable!*

SAFER WATER		
A responsible adult is designated as the 'Water Watcher' anytime children are in the pool, especially during parties or large gatherings.	<input type="radio"/> Yes	<input type="radio"/> No – A Water Watcher must be assigned to watch children in the pool. Constant supervision is key which means no cell phone or ipad use.
I know to never rely on water wings or other inflatable toys.	<input type="radio"/> Yes	<input type="radio"/> No – Inflatable flotation devices can give a false sense of security. One in five parents mistakenly think air-filled water wings can protect their child from drowning. Only use Coast Guard approved life jackets.
When using the pool, I remind people with long hair to tie it back securely in a bun or wear a swim cap.	<input type="radio"/> Yes	<input type="radio"/> No – Body entrapments and hair entrapments are preventable hazards.
I empty, turn over and deflate portable pools/inflatable pools when not in use.	<input type="radio"/> Yes	<input type="radio"/> No – Portable pools can present the same risks for drowning, especially for young children, as in-ground pools.
Buckets, wading pools, sinks and bathtubs should always be emptied of standing water.	<input type="radio"/> Yes	<input type="radio"/> No – A young child can drown in as little as two inches of water.
I remind my children and their friends that swimming around drains and suction fittings are dangerous behaviors.	<input type="radio"/> Yes	<input type="radio"/> No – A child could become entrapped. If drain cover is missing or broken, shut down the pool, spa, or hot tub until drain cover is replaced.
I remove toys from the pool when kids are finished swimming.	<input type="radio"/> Yes	<input type="radio"/> No – Removing toys will prevent children from trying to recover them when unsupervised.
My pool is properly fenced and complies with current regulations. When visiting a pool, I understand that a gate must never be propped open.	<input type="radio"/> Yes	<input type="radio"/> No – Installing barriers such as isolation fencing around a backyard pool and spa will reduce the risk of unauthorized access to the pool by young children.
I am aware that the water in common household items can be dangerous for young children.	<input type="radio"/> Yes	<input type="radio"/> No – A baby can drown in just two inches of water. A curious toddler can fall into a toilet, bucket or cooler.

(Continued on back)

For more information, please call (800) 555-5432.